

The Nar Valley Federation of Church Academies: RSE Curriculum Map



| Half Termly Theme | Year Group Coverage |
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| Autumn 1 My Feelings | <p>Yr R- Pupils can identify a range of feelings and how these are expressed, including words to describe them and simple strategies for managing feelings.</p> <p>Yr 1- Pupils are able to communicate about feelings, to recognise how others show feelings and know how to respond.</p> <p>Yr 2- Pupils can recognise and celebrate their strengths and achievements, and set simple but challenging goals.</p> <p>Yr 3- Pupils can identify their strengths and set aspirational goals for themselves, understanding how this contributes to high self-esteem.</p> <p>Yr 4- Pupils can recognise and respond to a wide range of emotions in themselves and others, and ways to respond.</p> <p>Yr 5- Pupils can anticipate how their emotions may change as they approach and move through puberty.</p> <p>Yr 6- Pupils can recognise how images in the media, including online, do not always reflect reality and can affect how people feel about themselves.</p> |
| Autumn 2 My Body | <p>Yr R- Pupils know the importance of basic personal hygiene and understand how to maintain basic personal hygiene.</p> <p>Yr 1- Pupils can correctly name the main parts of the body, including external genitalia using scientific terms.</p> <p>Yr 2- Pupils can recognise how they grow and will change as they become older.</p> <p>Yr 3- Pupils know how their body may change as they grow and develop, how to care for their body and celebrate their uniqueness.</p> <p>Yr 4- Pupils can reflect on how their body has changed and anticipate body changes, understanding that some are related to puberty.</p> <p>Yr 5- Pupils can anticipate how their body may change as they approach and move through puberty.</p> <p>Yr 6- Pupils can explain what sexual intercourse is and how this leads to reproduction, using the correct terms to describe the male and female sexual organs.</p> |
| Spring 1 My Relationships | <p>Yr R- Pupils understand that there are similarities and differences between everyone and can celebrate this.</p> <p>Yr 1- Pupils understand the importance of listening to other people, playing and working co-operatively, including strategies to resolve simple disagreements through negotiation.</p> <p>Yr 2- Pupils can recognise different types of teasing and bullying, and understand that these are wrong and unacceptable.</p> <p>Yr 3- Pupils can recognise a wide range of relationships, including the attributes of positive, healthy relationships.</p> <p>Yr 4- Pupils are able to judge what kind of physical behaviours and contact are acceptable and unacceptable, and ways to respond.</p> <p>Yr 5- Pupils can identify healthy relationships and recognise the skills to manage and maintain healthy relationships.</p> <p>Yr 6- Pupils realise the nature and consequences of discrimination, including the use of prejudice-based language.</p> |
| Spring 2 My Beliefs | <p>Yr R- Pupils can recognise what they like and dislike and feel empowered to make real, informed choices.</p> <p>Yr 1- Pupils can identify, respect and celebrate the differences and similarities between people.</p> <p>Yr 2- Pupils can identify the ways in which people and families are unique, understanding there has never been and will never be another them.</p> <p>Yr 3- Pupils can challenge gender stereotypes, understanding that there is not one way to be a boy, or one way to be a girl.</p> <p>Yr 4- Pupils recognise differences and similarities between people arise from a number of factors including family and personal identity.</p> <p>Yr 5- Pupils know the correct terms associated with gender identity and sexual orientation and the unacceptability of homophobic and</p> |

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| | <p>transphobic bullying.</p> <p>Yr 6- Pupils know some cultural practices are against British law and universal human rights, including female genital mutilation (FGM).</p> |
| <p>Summer 1 My Rights and Responsibilities</p> | <p>Yr R- Pupils understand the concept of privacy, including the right to keep things private and the importance of respecting another person's right to privacy.</p> <p>Yr 1- Pupils understand that some diseases are spread, and that they have the right to be protected from diseases and the responsibility to protect others.</p> <p>Yr 2- Pupils can judge what kind of physical contact is acceptable, comfortable or uncomfortable and how to respond.</p> <p>Yr 3- Pupils understand the right to protect their body from unwanted touch.</p> <p>Yr 4- Pupils know that marriage is a commitment freely entered into by both people and that no one should marry if they don't absolutely want to or are not making the decision freely for themselves.</p> <p>Yr 5- Pupils have strategies for keeping safe online; knowing personal information including images of themselves and others can be shared without their permission.</p> <p>Yr 6- Pupils have an awareness that infections can be shared during sexual intercourse, and that a condom can help to prevent this.</p> |
| <p>Summer 2 Asking For Help</p> | <p>Yr R- Pupils can identify the special people in their lives, what makes them special and how special people care for one another.</p> <p>Yr 1- Pupils can identify the people who look after them and how to attract their attention if needed.</p> <p>Yr 2- Pupils know the difference between secrets and surprises, and the importance of not keeping a secret that makes them feel uncomfortable, worried or afraid.</p> <p>Yr 3- Pupils can identify the difference between secrets and surprise, knowing when it is right to break confidence and share a secret.</p> <p>Yr 4- Pupils can recognise when they may need help to manage a situation and have developed the skills to ask for help.</p> <p>Yr 5- Pupils have considered how to manage accidental exposure to explicit images and upsetting online material, including who to talk to about what they have seen.</p> <p>Yr 6- Pupils develop the confidence and skills to know when, who and how to ask for help independently, or with support.</p> |