

## Sporle Newsletter for week ending 1st May 2026

The Nar Valley Federation of Church Academies

Executive Headteacher: Mrs Anne Neary  
Web: [www.narvalleyfederation.co.uk](http://www.narvalleyfederation.co.uk)

### Dear Parents and carers,

Thank you for another wonderful week and it has definitely been an action packed one. Our wonderful Robins class enjoyed their first summer trip to Church Farm. They were a credit to the school and all the staff were impressed by their fantastic behaviour. Well done Robins. We also had a special visitor from our academy trust - Mr Payne who came to see all the work we do. He was very impressed by our children. Well done everyone! It has been lovely to see the sun coming out and the children being able to enjoy our outside area however as the weather continues to heat up, do remember to send your child with sun cream and a bottle of plain water for hydration.

### Upcoming Events

See Diary Dates for details.....

**Monday 4<sup>th</sup> May**

Bank holiday - enjoy a 3 day weekend!

**SATs Week - Starting Monday 11<sup>th</sup> May**

**Friday 15<sup>th</sup> May - Year 6 treat trip to Wells**

**Tuesday 19<sup>th</sup> May - Woodpeckers Class trip to Thetford Museum**

**Wednesday 20<sup>th</sup> May - Federation Day at Narborough**

**Friday 22<sup>nd</sup> May - last day of Summer 1**

**Monday 1<sup>st</sup> June - Summer 2 term begins**

**Thursday 4<sup>th</sup> June - NVF Year 6 Top Up Swimming Session at Dereham Leisure**

### Reminders and Information.....

**Y6 SATs** Miss Willgress invites Year 6 to join her Monday to Thursday at 8:30am for a light breakfast in preparation for the tests. Please come to reception where Miss Cawkill will welcome you

Information will be coming out regarding the Year 4 and 5 residential.



**Year 6 Residential to Horstead:**  
Please encourage your child to go on this amazing trip. The children will get to know other Year 6's from the Nar Valley who they will possibly go up to high school with. Spaces are still available. Contact Miss Cawkill for information. Click [here](#) for details about the venue

**Thursday 21<sup>st</sup> May - Special Lunch**  
See attached poster

**Sports Day Friday 26<sup>th</sup> June**

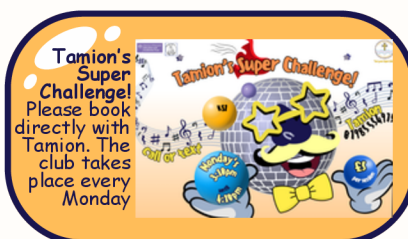
**May 2026 - Breckland Family Hub rota drop-in schedule - see attached flyers**

flourish

### Attendance Awards.....

| Class       | %     |
|-------------|-------|
| Robins      | 96    |
| Woodpeckers | 96.2  |
| Kingfishers | 94.13 |

**Well done Robins and Woodpeckers Class!**



Miss Cawkill would like to say thank you to everyone for keeping Arbor payments up to date for trips and clubs. It really makes a difference. Please ensure meal payments are also topped up regularly.



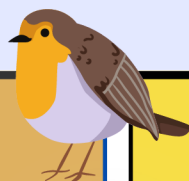
### Military Families.....

Military Club with Mrs Jary is every Thursday lunchtime in person at Narborough, but children from Sporle and Castle Acre are also going to be able to access this online in coming weeks. Come along, eat your lunch, bring a friend and chat! In future we will be meeting online with our other service children at Castle Acre and Sporle. We're proud of our Service personnel and proud to support our service families. We have strong links with the RAF base and look forward to our involvement in events.

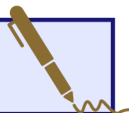
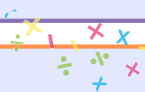
# AWARDS

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Robins Class

| Award                                                                                                | Goes to...                | For.....                                                                                                                 |
|------------------------------------------------------------------------------------------------------|---------------------------|--------------------------------------------------------------------------------------------------------------------------|
| Reader of the week  | Dellarosa                 | phonics blending sounds               |
| Writer of the week                                                                                   | Logan                     | his writing on The Hungry Caterpillar                                                                                    |
| Mathematician of the week                                                                            | Archie                    | halving and doing lots of extra work  |
| Shining Light                                                                                        | Billy<br>Amira            | lovely walking in school                                                                                                 |
| Letting your light shine                                                                             | ALL of<br>Robins<br>Class | excellent listening and being polite on the school trip to Church Farm                                                   |

## Our week in Class



This week in Robins our year 1 children have been writing a new 'lost and found' story based on the book. Our reception children have been writing about 'The Very Hungry Caterpillar' thinking about what else the Caterpillar could eat and what adventures it could go on.

We have been continuing some amazing learning all about animals through our trip to Church Farm. All children represented the school amazingly and were a credit to themselves. The year 1 children even got to see Mrs Joplin jump when one of the rats ran towards her.



The children had an amazing time at Church farm yesterday. They made lots of furry friends



# AWARDS

The Nar Valley Federation of Church Academies



Woodpeckers Class

| Award                     | Goes to... | For.....                                                                                                                         |
|---------------------------|------------|----------------------------------------------------------------------------------------------------------------------------------|
| Reader of the week        | Vinnie R   | using expressions and being like a detective                                                                                     |
| Writer of the week        | Vinnie G   | factfile on Queen Elizabeth - lovely writing  |
| Mathematician of the week | Adaline    | equivalate fractions                          |
| Shining Light             | Ralph      | always being kind and respectful             |
| Letting your light shine  | Alfie      | being helpful and using walking feet                                                                                             |

## Our week in Class



Woodpecker class are LOVING our new unit of learning on the Tudors and Elizabeth I. This week we've enjoyed finding out more about Tudor explorers and the exploits of Francis Drake as he sailed around the world. In science we've learned about the parts of a plant and what function they do.



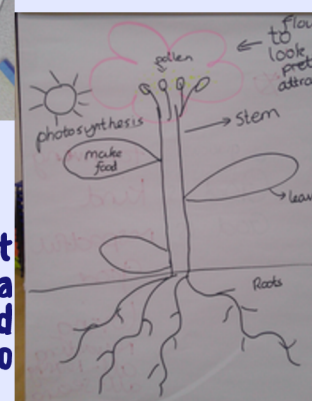
Enjoying the warm weather whilst learning



Using number blocks in maths



Learning about the parts of a flower and what they do



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# AWARDS

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## Kingfishers Class

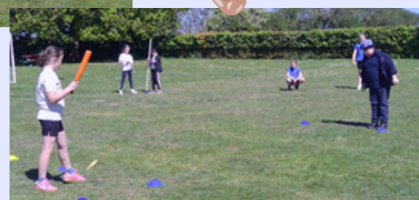
| Award                     | Goes to...      | For.....                                                                       |
|---------------------------|-----------------|--------------------------------------------------------------------------------|
| Writer of the Week        | James           | adding detail to clauses                                                       |
| Reader of the Week        | Lou-Lou         | impressions and giving evidence                                                |
| Mathematician of the Week | Jasper          | his work on percentages                                                        |
| Shining Light             | Teddy and James | always doing class and school expectations<br>helping a friend with their work |
| Letting your Light Shine  | Ella-Brooke     | super maths and 'x' knowledge                                                  |

## Our week in Class

We've had a very busy week in Kingfisher class. On Tuesday, the children in Years 4 and 5 had their second Gamechangers session, focusing on healthy lifestyles while the Year 6 children spent the day doing their final preparations for their SATs tests. Thank you to all parents and carers who came to the cafe this afternoon. I greatly enjoyed watching the children constructing their spaghetti and marshmallow towers. There were some very inventive designs!



Enjoying a game of rounders



Making models with marshmallows and spaghetti in the Parent/Carer Cafe

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### Safeguarding

There is a consultation from the Government regarding children's online activity that you may wish to take part in and give your views: you can find this [here](#):

### Healthy mind, healthy body

Healthy sleeping tips ahead of SATS!

Advice from the NHS:

- 1) Have a good sleep routine
- 2) Relax, unwind and try meditation to get to sleep
- 3) Try mindfulness for sleep
- 4) Create the best sleep environment
- 5) Do not try to force sleep
- 6) Improve sleep through diet and exercise

And from our children? They say...no screens at least an hour before bed

### Message from the Executive Headteacher....

#### SATS week!

SATS week is coming up very soon (11th-15<sup>th</sup> May) for our Year Six pupils. Our approach to SATS is to ask our pupils to do their very best, but to remind them that they are nothing to be worried about, that they are mainly for us as a school to know how well we've taught the children, and that they are definitely something to strive to achieve their best in. We tell our children a few nerves are a good thing, and to get a good night's sleep ahead of the first day, and eat well, having a good, healthy breakfast, Please support your child by ensuring they are in school promptly every day that week having slept and eaten well, and that life is calm for them that week! Thank you, and we look forward to sharing how proud we are of them, and to sharing the pictures of their celebratory trip to Wells at the end of the week!

Changemakers - well done to some of our older boys at Sporle, Teddy, Riley, Jasper and Lennie, who are working on digging flower beds for us. If anyone wants to support them by buying us some flowers, that would be wonderful.

#### Friends of Sporle School (FOSS).....

Please let us know ideas for fundraising. Ask your child what they would like to do!

### Prayer for the Week....

Dear God,

Please stop all the wars around the world soon

Amen

by Oscar in Kingfishers Class



Thank you as always for your support and partnership,

Head of School  
Sporle C of E Primary Academy

Executive Headteacher  
Nar Valley Federation of Church Academies  
Castle Acre, Narborough and Sporle C of E Primary Academy

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# Healthy Body, Healthy Mind



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of Church Academies

Healthy Body 🥦 Healthy Mind 😊

| Healthy Body 🥦                                                           | Healthy Mind 🚫                                                |
|--------------------------------------------------------------------------|---------------------------------------------------------------|
| <p>To have a healthy body you could exercise and workout regularly.</p>  | <p>Reading helps with your spelling as well as your mind.</p> |
| <p>Eating fruit and veges are another form of having a healthy body.</p> | <p>Education is also a good thing for your mind.</p>          |
| <p>Sweets are very unhealthy because they are full of sugar.</p>         | <p>Video games aren't very good for your mind.</p>            |



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### Help with online safety::



The CEOP website, run by the National Crime Prevention agency, gives helpful advice about when and how to report your concern.

***<https://www.thinkuknow.co.uk/parents/Get-help/Reporting-an-incident/>***



See these links for further information, games and tips:

***[https://www.thinkuknow.co.uk/4\\_7/](https://www.thinkuknow.co.uk/4_7/)***  
***[https://www.thinkuknow.co.uk/8\\_10/](https://www.thinkuknow.co.uk/8_10/)***  
***<https://www.thinkuknow.co.uk/parents/>***