



## Castle Acre Newsletter for week ending 1st May 2026

The Nar Valley Federation of Church Academies

Executive Headteacher: Mrs Anne Neary  
Web: [www.narvalleyfederation.co.uk](http://www.narvalleyfederation.co.uk)

Dear Parents/Carers,

What beautiful weather we have had this week -all in time for it to change for the Bank Holiday weekend! Please can you ensure your child has in school, sun cream, a sun hat as well as a light waterproof jacket. We cannot apply sun cream but we can supervise your child putting it on.

The week after next is a very important week for our Year 6 children; it is KS2 SATs week. All our children complete assessments around this time of year but it is more formal for our Year 6's. I will be sending out a letter about the timetable for the week to Year 6 parents separately from this.

Please can I remind all families that children need to adhere to the uniform code. This includes wearing no nail varnish. We do have some children who wear something a little different due to severe sensory difficulties but this has been discussed with myself.

For upcoming events, please read the date sheet - don't forget the Duck Race on the Sunday 10th May! We thank you for your ongoing support. Have a lovely bank holiday weekend.

Emma Spaul Head of School

### Upcoming Events

See Diary Dates for details.....

**Monday 4<sup>th</sup> May** - School Closed - Bank Holiday.

**Sunday 10<sup>th</sup> May** - The Friends Annual Duck Race, start 3pm at Jubilee Bridge, Castle Acre, finish at South Acre Ford including refreshments stall.

**Monday 11<sup>th</sup> to Thursday 14<sup>th</sup> May** - KS2 SATs week.

**Friday 15<sup>th</sup> May** - Year 6 Treat Trip to Wells.

**Tuesday 19<sup>th</sup> May** - Whitebeam Class Trip to Thetford Museum.

**Wednesday 20<sup>th</sup> May** - Forest School Federation Day at Narborough Primary for whole school.

### Attendance Awards w/e 1/5/26

Class	%
Rowan	96.67
Whitebeam	95.24
Oak	97.81

The winners of the Attendance Award this week are Oak Class, well done! Great attendance from Rowan as well and Whitebeam very nearly to 96%, please all keep it up, thank you!



### Reminders and Information.....

**Scholastic Book Fair** - Thank you to all our families who came to our Book Fair and purchased books. We are waiting to hear from Scholastic how much we have earned to spend on new books for school.

**Design a Bookmark Competition** - Well done to all our pupils who entered this competition, the designs were very impressive! The winning entrants were Freya, Ezra, Tia, Freddie and Olivia-Rose each of whom won a £5 Scholastic Book Voucher, which they enjoyed spending at the Book Fair.



Please see the separate flyer for more details on the exciting Stay and Play sessions at Narborough Primary's Hedgehogs Nursery



**After School Clubs**  
Summer 1 Half term (6 weeks)  
Football Club - Tuesdays  
Multi-Sports Club - Wednesdays  
Outdoors Club - Thursdays

Please book places direct with ICS using this link:  
<https://icscoaching.pembee.app/>

#### PE DAYS

On your child's PE day, please send them to school WEARING their FULL PE kit), including trainers. Please send their school shoes and jumper/cardigan in a separate bag to change into afterwards.

**Before School Care** is available Mon - Fri, from 8am to 8.40am, £2 per session.

**After School Care** is available Mon - Fri, 3.10pm to 4.30pm, £6 per session.

**Tuck Shop** is available Wed and Fri morning break - 40p per day

#### Military Families.....



Military Club with Mrs Jary is every Thursday lunchtime at Narborough. Eat your lunch, bring a friend and chat! Each week we meet online with our other service children at Castle Acre and Sporre.

We're proud of our Service personnel and proud to support our service families. We have strong links with the RAF base and look forward to our involvement in events.

# AWARDS

The Nar Valley Federation of Church Academies

**Rowan Class**

Award	Goes to...	For..... 
<b>Reader of the week</b> 	Tobias	for super reading of multisyllabic words.
<b>Writer of the week</b>	Nathan	for a fabulous independent write. 
<b>Mathematician of the week</b>	Mia	for always challenging herself.
<b>Shining Light</b>	Wilbur Charlotte	for demonstrating great listening and for being super helpful. for always being a kind and helpful friend.
<b>Reads at Home</b>	Archie .S. Nathan	50, 75, and 100 100

## Our week in Class

Rowan class had a super time on their trip to Church Farm this week. The children really impressed me with their behaviour and listening skills.

Year one children have completed their independent write. Reception children have been writing about The Very Hungry Caterpillar.

In maths year one children are learning about fractions and Reception children have been subtracting within 10.

The children have been practising their ball control in P.E and in computing the year one children learnt how to use the shift key to type a capital letter.





# AWARDS



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Whitebeam Class

Award	Goes to...	For.....
Reader of the week	Ivar	for super reading in front of the class
Writer of the week	Josie	for great independent writing and thinking carefully about punctuation
Mathematician of the week	Arly	for trying different strategies to help solve mathematical problems
Letting your light shine	Nalah Ava Willem	for consistently upholding our school values
Tackling Tables	Skyla Nalah Ella Ivy Lewis Toby	yellow mixed addition & subtraction & applying no. bonds red multiplication red multiples purple missing numbers, red multiplication green division green multiples
Reads at home	Ivar	25 reads

## Our week in Class

Well done Whitebeam for your super fact files based on the Elizabethan Era. This week in English we have learnt about Elizabeth's 1 early life, fashion and Sir Francis Drake. In maths we have moved on to statistics and have collected data using the tally system and read and completed bar graphs and pictograms. In RE the children followed up from last week and enacted the story of Moses and recorded it as groups in different ways. In yoga today we went on safari and the poses were based on the different animals we met and in art the children have explored drawing texture and using tones using a variety of pencils.





# AWARDS



## The Nar Valley Federation of Church Academies

**Oak Class**

Award	Goes to...	For.....
<b>Reader of the week</b>	Alexander	clear, insightful answers to difficult questions.
<b>Writer of the week</b>	Darcy C	incredible improvements in the quality and quantity of her writing.
<b>Mathematician of the week</b>	Darcy B	tackling challenging questions confidently and quickly.
<b>Shining Light</b>	Hazel Rowan Holly D	showing courage to settle into her new class so well. showing respect to everyone, especially in PE, being a great team player. her brilliant ambition to always improve her work.
<b>Reads at Home</b>	Fletcher Tia	75 reads - silver star 75 reads - silver star
<b>Tackling Tables</b>	Finlay Darcy B Teddy Lazenby	Green - division, red - multiplication blue - times 5, times 10 and purple addition blue - division red - division

## Our week in Class

We've had a great week! In Maths, we've been exploring statistics. We have drawn bar charts and line graphs, and answered questions based on data. Oak Class have done brilliantly with this!

In English, we have been working towards writing a balanced argument. On Tuesday we had a debate outside, which was wonderful! Today, we wrote a persuasive letter, arguing that we are simply too unwell to be in school... which may or may not have been inspired by my current cold!

In the afternoons, we have explored colour theory in pointillism, played battleships with coordinates, and played a lovely game of rounders.

Year 6 have been working brilliantly during these past few weeks, in the final push towards SATs. I'm so proud of these children - they have progressed so much in a small space of time! Next week is the final week before SATs, and then things will return to normal(ish).





## Safeguarding.....

There is a consultation from the Government regarding children's online activity that you may wish to take part in and give your views: you can find this [here](#):

## Healthy mind, healthy body

Healthy sleeping tips ahead of SATS!

Advice from the NHS:

- 1) Have a good sleep routine
- 2) Relax, unwind and try meditation to get to sleep
- 3) Try mindfulness for sleep
- 4) Create the best sleep environment
- 5) Do not try to force sleep
- 6) Improve sleep through diet and exercise

And from our children? They say...no screens at least an hour before bed

## Message from the Executive Headteacher...

### SATS week!

SATS week is coming up very soon (11th-15<sup>th</sup> May) for our Year Six pupils. Our approach to SATS is to ask our pupils to do their very best, but to remind them that they are nothing to be worried about, that they are mainly for us as a school to know how well we've taught the children, and that they are definitely something to strive to achieve their best in. We tell our children a few nerves are a good thing, and to get a good night's sleep ahead of the first day, and eat well, having a good, healthy breakfast, Please support your child by ensuring they are in school promptly every day that week having slept and eaten well, and that life is calm for them that week! Thank you, and we look forward to sharing how proud we are of them, and to sharing the pictures of their celebratory trip to Wells at the end of the week!

Changemakers - well done to some of our older boys at Sporle, Teddy, Riley, Jasper and Lennie, who are working on digging flower beds for us. If anyone wants to support them by buying us some flowers, that would be wonderful.

### Friends of Castle Acre School (FOCAS).....

Thanks to all those families who have returned their duck sheets with money to school, your support is very much appreciated. If you need any more ducks, they can be purchased in our village shop.

If anyone would like to bake some buns/biscuits, etc., for our refreshments stall at the Duck Race on Sunday 10<sup>th</sup> May, that would be very much appreciated, either leave them at school on Friday 8<sup>th</sup> or bring to the stall near South Acre Ford on the day or contact Libby:

Libby Firth, Chair of Friends, Tel: 07825 229345

## Prayer for the Week.....

Dear God

Thank you for teaching us that we all need help sometimes. Let us appreciate all the people that help us.

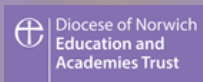
Amen

By: Libby B

Thank you as always for your support and partnership,

Head of School  
Castle Acre C of E Primary Academy

Executive Headteacher  
Nar Valley Federation of Church Academies  
Castle Acre, Narborough and Sporle C of E Primary Academy



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# Healthy Body, Healthy Mind



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## Healthy Body 🍌 Healthy Mind 😊

### 🚫 Healthy Body ✓

To have a healthy body you could exercise and workout regularly.



Eating fruit and veges are another form of having a healthy body.

Sweets are very unhealthy because they are full of sugar.



### 📖 Healthy Mind 🚫

Reading helps with your spelling as well as your mind.



Education is also a good thing for your mind.

Video games aren't very good for your mind.





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## Help with online safety::



The CEOP website, run by the National Crime Prevention agency, gives helpful advice about when and how to report your concern.

**<https://www.thinkuknow.co.uk/parents/Get-help/Reporting-an-incident/>**



See these links for further information, games and tips:

[https://www.thinkuknow.co.uk/4\\_7/](https://www.thinkuknow.co.uk/4_7/)  
[https://www.thinkuknow.co.uk/8\\_10/](https://www.thinkuknow.co.uk/8_10/)  
<https://www.thinkuknow.co.uk/parents/>