



## Castle Acre Newsletter for week ending 20th March 2026

The Nar Valley Federation of Church Academies

Executive Headteacher: Mrs Anne Neary  
Web: [www.narvalleyfederation.co.uk](http://www.narvalleyfederation.co.uk)

Dear Parents/Carers,

1 week to go...and then 2 weeks of hunting and eating chocolate (in the rain apparently). It has been an awesome term. I'm immensely proud of the children and how well they have done. They have really tried their best to meet the challenges in learning that we set them. A huge thank you has to go to you too for supporting them at home. It does make a difference so please keep it up over the break. Our Head Pupil team will be sharing some activities with you next week that you can do with your child.

It has been great to recognise both Comic Relief and Downs Syndrome Awareness Day, the second being very close to our hearts at Castle Acre. Thank you for supporting both of these.

We are very much looking forward to Circus Day on Monday. Please keep in mind the children will be taking part in a range of circus activities when you are planning costumes. Once again, thank you for your support.

Emma Spaul Head of School

## Upcoming Events

See Diary Dates for details.....

**Monday 23<sup>rd</sup> March** - Circus Day, dress in circus costume for donations of £1. We will have circus themed workshop at school for the day, kindly funded by The Friends. Followed by a Bake Sale at the end of the day - please bring some money to buy some delicious cakes!

**Wednesday 25<sup>th</sup> March** - Tag Rugby Festival for Year 4 pupils from Castle Acre.

**Thursday 26<sup>th</sup> March** - 9.30am Easter Service at Castle Acre Church. There will be refreshments available at church before the service if parents wish to head there after drop off.

Parents/Carers are invited to join us back at school after the Easter Service for a **Craft Workshop until 11.45am**.

**Friday 26<sup>th</sup> March** - Young Leaders session by WNSSP at school all day for Year 5 pupils.

**Monday 30<sup>th</sup> - Monday 13<sup>th</sup> April** - School Closed for Easter

## Attendance Awards w/e 20/3/2026

Class	%
Rowan	86.6
Whitebeam	87.14
Oak	93.13

There are no winners of the Attendance Award this week as all classes are below 96%. We hope there will be a great improvement next week, especially Rowan and Whitebeam.



## Reminders and Information.....



Thank you for all the donations  
We raised **£67.50** for Comic Relief



Polite payment reminder

We appreciate it that things are easily overlooked, but please ensure payments are made in time for trips, events and clubs. Failure to do so may prevent further events in school.

**Yr6 Horstead Residential 6<sup>th</sup> - 8<sup>th</sup> July**

Please complete permission for your child to attend via the link and pay deposit of £30 by 3/4/2026

Next week more information will be sent to Parents/Carers regarding the changes in booking and paying for wrap around care (Before and After School clubs) on Arbor. There will also be information regarding Tax Free Childcare, as the school is now registered for this scheme.

### PE DAYS

On your child's PE day, please send them to school WEARING their FULL PE kit), including trainers. Please send their school shoes and jumper/cardigan in a separate bag to change into afterwards.

**Before School Care** is available Mon - Fri, from 8am to 8.40am, £2 per session.

**After School Care** is available Mon - Fri, 3.10pm to 4.30pm, £6 per session.

**Tuck Shop** is available Wed and Fri morning break - 40p per day

### Military Families.....

Military Club with Mrs Jary is every Thursday lunchtime at Narborough. Eat your lunch, bring a friend and chat! Each week we meet online with our other service children at Castle Acre and Sporre.

We're proud of our Service personnel and proud to support our service families. We have strong links with the RAF base and look forward to our involvement in events.



# AWARDS



The Nar Valley Federation of Church Academies

Rowan Class

Award	Goes to...	For..... 
<b>Reader of the week</b> 	Indie	working really hard in phonics and for great partner work.
<b>Writer of the week</b>	Tobias	writing a super fact file about nurses. 
<b>Mathematician of the week</b>	Freya	putting her hand up during maths inputs, great contribution!
<b>Shining Light</b>	Nathan Archie E	demonstrating many of our school values, and for always listening to instructions. always being a really helpful member of Rowan class.
<b>Reads at Home</b>	Lexi Charlotte Freya Tobias Nathan linika	100 100 100 75 75 75

## Our week in Class

Well done Rowan Class, another fabulous week!  
The children have continued to water and care for the seeds they planted.  
We have had a wonderful RE morning, the children were split into groups and they visited every class to take part in an activity.  
The year 1 children have now completed their fact files about nurses, they are great!  
Reception children continue to 'wow' us with their wonderful writing.





# AWARDS



The Nar Valley Federation of Church Academies

Whitebeam Class

Award	Goes to...	For.....
Reader of the week	Gracie-Mae	for confidently reading in front of the class
Writer of the week	Toby	for working super hard on the presentation of his handwriting
Mathematician of the week	Ella	for her fantastic attitude towards maths and for always being willing to challenge herself
Shining Light	Isla Nalah	for demonstrating responsibility through her great attitude towards work and challenging herself for demonstrating our school values especially kindness
Tackling Tables	Ella Florence Skyla Toby Ivy Nalah	yellow subtraction blue missing numbers blue superstar blue x 5 green multiplication green multiplication
Reads at home	Skyla Indy Stanley Barker	50 reads 50 reads 25 reads

## Our week in Class

Well done Whitebeam for another busy week. It has been especially busy today as we have had an RE Morning where the children rotated around different activities based on the theme of The Cross and this afternoon we have celebrated Red Nose Day along with Down Syndrome Day. In geography they have located and added labels to a map of the UK the mountain ranges and the highest mountain in each country. They loved composing music using Chrome Music Lab and have looked at giving change in maths. We are all looking forward to our circus skills workshop on Monday.



# AWARDS

The Nar Valley Federation of Church Academies

**Oak Class**

Award	Goes to...	For.....
Reader of the week	Fletcher	his clear love for reading, alongside fantastic improvement in his reading speed and test scores.
Writer of the week	Darcy	wonderful improvement in her writing - beautiful presentation, advanced vocabulary.
Mathematician of the week	Brody	working very hard on his maths during our afternoon sessions.
Shining Light	Oliver P Alexander Holly D	consistently showing respect and kindness to everyone around him. working hard to improve the quality of his presentation across all subjects being a brilliant, responsible role model for everyone in school.
Reads at Home	Darcy C Lola Isla Darcy B	50 reads - bronze star 50 reads - bronze star 100 reads - gold star 75 reads - silver star
Tackling Tables	Molly Lazenby Tyler Alexander Hollie C Lola Libby Oliver P Darcy B Logan	Yellow - addition Green - missing numbers Green missing numbers Green - division Red - multiplication mini test Red - mixed mini test Red - MTC taster 3 Red - tackling connections percentages & decimals Red - mixed mini test and division Red - multiplication mini test

## Our week in Class

Good afternoon,

In Maths, we have been looking at decimals, percentages and fractions. This is a very tricky topic, and the children have been doing well with it! We will soon be out of fractions, and into perimeter and area.

In English, we have started to plan our instructional texts, in preparation for writing next week. Children have been given the freedom to choose the subject of their instructions - some are writing about how to perform moves in gymnastics, some about how to make a pancake, and some about how to play their favourite games. We are including imperative verbs and modal verbs in our writing.

Today we enjoyed an RE morning, focusing primarily on the cross. Children were in 3 groups with a mix of classes, completing different activities.

In our afternoons this week, we have been building spaghetti bridges and creating paper helicopters.

One more week until Easter - and it's a busy one!

Thanks all,  
Mr Conway





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### Safeguarding.....

This week, we have had a number of children giving away personal information online. Please talk to your children about this in order to keep them safe; thank you for your support.

### Healthy mind, healthy body

This week's tips come from Joe Wicks with his top 5 tips for getting kids moving (and loving it!)

Getting kids moving doesn't have to be perfect - it just has to be playful - and it can be done in short bursts. Whatever your kid is into, there's a way of moving that they'll love, and that can easily fit into your day.

Here are a few ideas to get you started:

1. Make movement fun indoors

Turn everyday tasks into games - race to tidy up, dance in the kitchen while dinner's cooking, or try a quick online workout like 'Activate'. Movement doesn't need to look like 'exercise', it just needs to be fun!

2. Get outside, whatever the weather

A brisk game of tag or a trip to the park can warm everyone up and kids see it as play, not a chore. So, wrap up and get out there!

3. Turn the school run into an adventure

Walk, scoot or cycle when you can. Make it playful - count dogs, race to lampposts, or invent your own challenges. It's sneaky exercise that they'll love.

4. Keep it relaxed and role model it

There are so many different types of sport to try out, and remember that not every child loves competitive activities, and that's OK! Try things like frisbee, swimming or cycling. Most importantly, show them how you enjoy being active - they'll follow your lead.

5. Explore local activities

Look out for free or low-cost events. A change of scene can spark new interests and keep things exciting.

### Message from the Executive Headteacher...

#### Forest School Fun!

In May, on the 20th, we will be having our Federation Day, which will be a full day of Forest School! -

We are going to be having a fantastic time in Shouldham Warren, and in order to make this trip completely free, this is our advance notice that on this day there will be no Breakfast Club and we will be asking you to take your children and collect them from Shouldham Warren.

Please do try and car share in order to cut down on traffic. The day will be normal school time drop off - 8.40am and pick up - 3.10pm. If anyone would like to come along and help on this day, you would be most welcome; please let your Head of School know.

Also, if you could spare even an hour a week to come into school and hear children read, we'd be delighted to hear from you. Many thanks.

We haven't received any Parents who would fill our Governor vacancies yet - if you're considering it, but aren't sure, please come and chat to me and I will reassure you that it is not too much work, honestly! We had a very productive and interesting meeting on Tuesday night and it would have been great to have added a parental perspective.

### Friends of Castle Acre School (FOCAS).....

A reminder that pupils are invited to wear circus themed fancy dress on Monday 23<sup>rd</sup> March when we are being visited by 'Elevate Circus Workshops' for the day. Please can children bring £1 donation which will go to The Friends funds. **There will also be a cake sale at the end of the school day, so please bring some money to spend on delicious baked treats! Thank you.**

Libby Firth, Chair of Friends.

### Prayer for the Week.....

Dear God

Thank you for food and water we can be provided with and we need to help people who cannot afford what they need to survive.

Amen

By: Molly W

Thank you as always for your support and partnership,

Head of School  
Castle Acre C of E Primary Academy

Executive Headteacher  
Nar Valley Federation of Church Academies  
Castle Acre, Narborough and Sporle C of E Primary Academy



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# Healthy Body, Healthy Mind

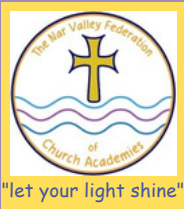


The Nar Valley Federation of Church Academies

Diocese of Norwich Education and Academies Trust

## Healthy Body 🍌 Healthy Mind 😊

<h3>Healthy Body</h3> <p>To have a healthy body you could exercise and workout regularly.</p>	<h3>Healthy Mind</h3> <p>Reading helps with your spelling as well as your mind.</p>
<p>Eating fruit and veges are another form of having a healthy body.</p>	<p>Education is also a good thing for your mind.</p>
<p>Sweets are very unhealthy because they are full of sugar.</p>	<p>Video games aren't very good for your mind.</p>



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## Help with online safety::



The CEOP website, run by the National Crime Prevention agency, gives helpful advice about when and how to report your concern.

***<https://www.thinkuknow.co.uk/parents/Get-help/Reporting-an-incident/>***



See these links for further information, games and tips:

***[https://www.thinkuknow.co.uk/4\\_7/](https://www.thinkuknow.co.uk/4_7/)***  
***[https://www.thinkuknow.co.uk/8\\_10/](https://www.thinkuknow.co.uk/8_10/)***  
***<https://www.thinkuknow.co.uk/parents/>***